



## Committee Meeting

Date Thursday 25<sup>th</sup> March 2010

Meeting Minutes

By Mike Batstone (Club Secretary)

In Attendance

Alan Argent, Karen Harrison, Wendy Harding, Keith Hardwell, Mike Monk,  
Jenny Batstone, Michelle Etheridge. **Plus Coaches:-** Sue Bickell and Viv Baker.

### 1. **APOLOGIES.**

Tony Flint

### 2. **COACHES MEETING**

Prior to the committee meeting Keith chaired a meeting of the coaches.

This meeting covered:-

Coaching concerns

Feedback from Coaching Groups

Beginners Group

Coaching Advice

Marathon Training & Recovery

Schedule for 2<sup>nd</sup> Qtr of 2010

Cross Country Runs (1<sup>st</sup> & 3<sup>rd</sup> Wednesday commencing 5<sup>th</sup> May)

Corporate Challenge review

One to One sessions.

### 3. **MINUTES OF LAST COMMITTEE MEETING**

Approved.

### 4. **MATTERS ARISING**

1. **Thunder Run** a 24hr Team Challenge – not enough interest to raise a team for this event therefore we will not progress this year.

### 5. **FINANCE**

Current finance remains positive circa £2k before payments due for Website/ New Vests/Moneys collected for Charity.

The final payment to Chris Reed for work done on the Website was agreed.

Subs are now due for all existing members as from 1<sup>st</sup> April 2010. The cost of renewal remains at £10 which includes £5 for each member's UKA affiliation.

The collecting of subs will commence from Wednesday 31<sup>st</sup> March 2010. Wendy has posted a notice of this on the website.

Affiliation fee of £50 due to UKA as from 1<sup>st</sup> April 2010

Affiliation fee of £10 due to Sussex AA from 1<sup>st</sup> April 2010

## 6. **VESTS**

The stock of running vests is low (only 3 ladies vests left + 17 mens). Request to be sent to Inspire to see if they will continue and perhaps increase their sponsorship for 2010. If they are we need to draw this down now and draw on this now. **MB**

The committee agreed to increase the joining membership for new members to £20. If Inspire contribute £250 this will be a £5 subsidy for each new vest. At this level it will cover the cost of approx 50 vests.

## 7. **LONDON & BRIGTON MARATHON SPONSORSHIP**

As last year it was agreed to have a single sponsorship form where the proceeds will be equally divided between each runner's charities.

A notice is to be placed on the club's Notice Board at ALC. **JB.**

Marathon Runners - to advise a committee member of the charity they have nominated and which marathon they are running.

Wendy has posted a notice about this arrangement on the Website.

## 8. **CHARITY NOMINATIONS 2010**

A notice is to be placed on the club Notice Board to seek nominations for the clubs new charity for 2010. **JB.**

It has been suggested that the charity should be a "local" charity.

Wendy has put reminder on Website.

9. **WEBSITE.**

Website is working well.

New "easy to use" community page is now available.

10. **MARKETING.**

Ongoing activity /results reported to local newspaper.

Photo call for 2010 Brighton & London Marathon Runners is being held.

11. **SOCIAL.**

Nothing to report

12. **AGM 7<sup>th</sup> MAY 2010.**

Coaches to nominate their Male & Female Runner of the Year to Keith

Member of the Year to be nominated either via paper vote into box at ALC or by clicking a link on the Website.

Notice of Election of Committee to be placed on TZR's Notice Board at ALC.

Jenny has decided to stand down from the position of Social Secretary which means there is a vacancy for this position. Members are to be asked to put their names forward to a member of the committee if they are interested in taking over this role.

The committee wish to thank Jenny for the work she has done for TZR's over the last 10 years.

Notice to be put to members regarding a change of training nights to Tuesdays & Thursdays. Notice of proposal to be posted on TZR's Board.

13. **BOGNOR 10k. 16<sup>th</sup> May 2010**

Confirm with organiser if TZR's can erect its Gazebo and take a van onto the site.

**MB**

14. **CORRESPONDENCE**

Summary of items of correspondence received since last committee meeting and proposed action

1. Letter from **Sussex Athletic's** seeking volunteers to become qualified track and field official.

**Post Note on Board**

2. Letter from **Sussex Athletic's** re Road Rely Championships on 10<sup>th</sup> April 2010. **No action**
3. **Letter from Runningsports** re Skills for sports volunteers. **Action-**  
Note Website for future reference –  
[www.runningsports.org/rs/networkmembership](http://www.runningsports.org/rs/networkmembership)
4. Letter from **SEAA** re affiliation fee for 2010/11. **Send payment**
5. Letter from **Bognor Regis Town Council** –asking if TZR would be able to organise a Charity Run for the mayors charity.  
**Letter sent to Mayor – unable to assist**
6. Letter from **Association of Running Clubs** seeking affiliation to them rather than to UKA. **Committee made aware**
7. **Newsletter from UKA** regarding Independent Safeguarding Authority and the Vetting and Barring Scheme. **Keep on file**
8. Letter from England Athletics with Affiliation & Registration Guidelines for 2010/ **On File**

#### 15. **ANY OTHER BUSINESS**

**KHardwell.**– Free advice from Stride UK is available to TZR members. Stride UK would be happy to run another talk for TZR's

**MM.** Has requested feedback on events for the review of the year at AGM – Alan offered the "black book".

**ME.** Asked if there is any date for Greyhound Racing?

**WH.** Suggests that if Stride UK do another talk that this should include a section regarding nutrition.

**AA.** Reports that the "club" BBQ,s have now rusted away. Future BBQ,s to be tried on the individual type.

**VW.** Seeking raffle prizes for the AGM.

**KaH.** Has CRB check to be signed

#### 16. **DATE AND VENUE OF NEXT MEETING** 8<sup>th</sup> July 2010 at at ALC