



Race Report

NEW FOREST HALF MARATHON

Date: 21ST September, 2008
Location: Hampshire

A PB against all the odds.....

By: Jade Lovell-Knight

I just had to email someone from Tone Zone to tell them about my race on Sunday! I did the new forest half marathon and had a fantastic run. I anticipated that it would take me about 2.30 as everyone said it was hilly etc. My PB before the race was 2.22, so I was thinking anywhere between 2.22 and 2.30 would be ok.

Well I actually did it in 2.08.02!!! I was so pleased, I think I could beat 2 hours now if I really put my mind to it - I never thought I would be able to achieve that!

Only one problem...getting to the race was so hectic, there was no where to park, I could not find the place, so I eventually managed to park about 2 miles away from the start line and literally had to sprint to the start. When I got to the start line, what did I realise? That I had forgotten to put on my chip! I said to Roy, who was there at the time, I had best not do a PB or I would be really annoyed! And.... low and behold, I did a blimbling PB!! So gutted as I hoped my gun time would at least be recorded but nothing. :(I am still pleased i did it though, really looking forward to New York now!! I feel really ready for it now!

Just had to share my frustrations and good news with fellow Tone Zone Runners!!