



Race Report

HILL RACE IN WALES

Date: 2nd November, 2008
Location: North Wales

By: Peter Chittenden

Ran a 5 Mile Hill Race in North Wales, The Abergele Harriers Slaters 5, on Sunday 2nd November. Weather was bright, sunny but with a chilly wind. The course had two climbs, one a steady uphill for 1.2 Miles and the other very steep for 0.6 Miles, both climbs of 75 metres.

1st Male, 0/40, in 25.21. 1st Female, also 0/40 in 31.30, in 34th.
I finished in 41.58, in 163rd, just missed by 26 secs., the 1st O/70 Award.
Last finisher was female 0/75 in 63.10, in 222nd.