

Club Health and Safety Policy

Bognor Regis Tone Zone Runners ('the club') aims to promote the health, safety, and welfare of all persons to whom we owe a duty of care, including club members, volunteers, and guests, through a commitment to a positive approach to health, safety, and welfare.

To achieve the highest possible standards, the club aims, so far as is reasonably practicable, to:

- comply with all relevant health and safety legislation and England Athletics guidelines.
- conduct and record risk assessments, ensuring actions arising are implemented and the risks are *reduced to the lowest practicable level*.
- provide, to all those involved in the delivery of club activities, safe methods of conducting those activities.
- maintain and inspect any equipment provided by the club and ensure the safe storage of equipment.
- seek to prevent accidents, incidents and near misses.
- ensure systems are in place to report hazards and to identify and rectify faults.
- investigate any reported accidents, incidents, near misses, ill health and welfare arising from the club activities and ensure the timely completion of investigations to prevent reoccurrence.
- ensure adequate emergency and first aid provisions and procedures for all club activities.
- ensure suitable welfare arrangements are in place and provide a safe, welcoming environment for all those involved in club activities.
- provide appropriate information and oversight to encourage all those involved in club activities to *take care of their own safety and the welfare of others*.

The club will:

- establish an effective processes which identify how the health and safety responsibilities are allocated and communicated across the club.
- communicate matters affecting health and safety, including day-to-day health and safety conditions to club members.
- provide appropriate information and support to ensure all those with a responsibility for health, safety and welfare are competent in their role.

The Club Committee is responsible for the implementation and management of the health and safety arrangements that exist within Bognor Regis Tone Zone Runners and accepts this responsibility. The Committee will review this policy statement at least annually and any revisions will be made accessible to members.

Signed:



Name Keith Hardwell

Date: 12-11-25

(Club Chair)